

## Gavin Booth MBE

**Business executive, occasional polar explorer, adventurer and speaker.**

Gavin has had a 25-year career in property and is Head of Group Property for a Propco. He combines this "day job" with a passion for adventure and has competed in ultra-marathons in desert, jungle, and mountains and completed several longer expeditions to the world's colder regions, including making first ascents in North Greenland. Gavin has dragged sleds across 2,000 km of ice in the Arctic and Antarctic and in 2008 organised and completed an unsupported expedition to the Geographic South Pole with his friend, Adam Wilton. Starting where the continent meets the sea ice, they covered the 1200km to the pole in 45 days, which was a British team record.

Gavin a fellow of the Royal Geographical Society (**FRGS**), Member of Royal Institution of Chartered Surveyors (**MRICS**) and was appointed **MBE** in 2011. He has sat on committees of the **UK Antarctic Heritage Trust** for 15 years and has been a Trustee since 2012.

Prior speaking engagements for corporate away-days, "outside-in" talks at businesses, charity and community. Gavin demonstrates the success factors, learnings and experiences from past adventures and his unsupported South Pole Expedition and aims to inspire, with themes of resilience, motivation, power of momentum, working outside your comfort zone and importance of preparation.

### Testimonial:

**"Your story was captivating and inspiring..."**

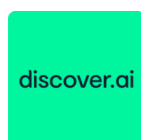
I had the privilege to welcome Gavin Booth to our Salomon headquarters and invite him to share his story about his expedition across the South Pole. His talk was much more captivating than we could imagine. He took us with him to every step of his journey, from the dream to the preparation and every degree to the geographic South Pole. We each caught a glimpse of the discipline, resilience, the mental fortitude and physical robustness through the harsh conditions, all the technical skills mastered, needed to accomplish such a journey. What an inspiring and extraordinary talk. It was truly a privilege!" **Anne-Sophie Guyon, Salomon, Annecy**



Prior engagements include:



Annecy, Fr



Online



London, NZ House



London



Watford



Cambridge



London



London



London



London



Stamford, Ct , USA & Paris, Fr



London